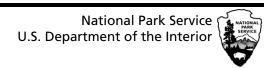
## **Day Hike - Grandview Trail Grand Canyon National Park**



COLORADO

Tonto Trail

Horseshoe

Horseshoe

Page (Miners) Spring

Coconino Saddle

randview Point Trailhead

**Trail Condition:** Unmaintained steep trail requires caution. Rocky and strenuous. Give uphill hikers the right of way.

Directions to Trailhead: Located on the South Rim, by vehicle to Grandview Point, 12 miles east of village along Desert View Drive. Trail begins on canyon side of retaining wall at Grandview Point.

Trailhead Elevation: 7,400 feet.

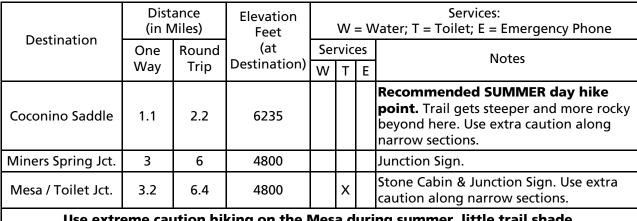
**Services:** NO assistance on trail.

Note: NO water along trail.

The Grandview Trail day hikes are to Coconino Saddle or Horseshoe Mesa. Day hiking as far as Horseshoe Mesa is not recommended during summer. Trail gets steeper and more tricky beyond Coconino Saddle. Trail conditions are tougher than the Bright Angel and South Kaibab trails.

Allow extra hiking time because of trail conditions. Plan on taking twice as long to hike up as it took to hike down. Hiking boots recommended. For experienced desert hikers.

Everyone needs to carry water! A common mistake is not carrying water or not carrying enough water. When hiking in a group, each person should be carrying water. Remember to eat as well as drink while hiking, you use a lot of energy hiking the canyon.



Use extreme caution hiking on the Mesa during summer, little trail shade.

## Successful hikers:

- Plan their hike before they start and go prepared.
- Hike during the cooler, shadier time of the day.
- Go slowly, rest often, and stay cool.
- Eat salty foods and drink water or sports drink.

Depending on how prepared you are, your trip can be a vacation or a challenge, a revelation or an ordeal. Over 250 people are rescued from the canyon each year. The difference between a great adventure in Grand Canyon and a trip to the hospital (or worse) is up to YOU.

DO NOT attempt to hike from the rim to the river and back in one day, especially May to September.

During the summer months, when inner canyon temperatures are extremely high, access to inner canyon trails may be restricted to early morning and evening. Information on trail restrictions and trail closures is available at (928) 638-7888 (press 1-3-1).